

# GUIDELINES & INFO 2023

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## **Cell Phones**

- No Cell Phones.

## **iPods/MP3's/Movies/Video Games**

- No iPods/MP3's/Movies or video games.

## **Clothing-Girls**

- NO Pajamas for the ride up or back.
- Girls need modest length shorts or jeans for activities.
- Skirts and tops should be of modest length (please no skin showing in the midriff area) and shirts should not be too low in the collar area.
- Tank tops are permitted as long as they are modest under the arm. Please no strapless tops.
- Girls need modest shorts and a dark shirt over their bathing suit for water activities.
- Girls need tennis shoes for activities.
- Remember, modesty is key.

## **Clothing-Guys**

- NO Pajamas for the ride up or back.
- Guys need modest length shorts or jeans for activities.
- Tank tops are permitted as long as they are modest under the arm.
- Guys need modest swimming trunks or shorts with a dark shirt for water activities.
- Guys need tennis shoes for activities.
- Remember, modesty is key.

### **What TO Bring**

Each teen needs to bring the following:

- Bible (King James Version)
- Bed linens - a sleeping bag is best
- Pillow
- Bathing Suits
- Towels for swimming
- Sunscreen
- Bug Spray
- Towels and washcloths for bathing
- Personal toiletry items
- Tennis Shoes for activities
- Outfit for throw back Thursday
- Money for 4 fast food meals (2 up and 2 back)
- Snacks (optional)
- Camera (optional)
- GoPro (optional)

### **What NOT TO Bring**

These items will not be accepted at camp.

- Energy Drinks
- Electronics (phones, mp3's, etc.)
- Games
- Magazines or books
- Playing Cards
- Tobacco
- Alcohol
- Illegal Drugs
- Guns
- Knives
- Any type of weapon
- Matches
- Fireworks
- Items for pranks